

Jes Heppler

Curriculum Vitae

Education

UNIVERSITY OF CALIFORNIA, BERKELEY

- 2025 *expected* Ph.D., Philosophy, A.B.D.
Advisors: John Campbell, Alva Noë, Frédérique de Vignemont (external)
- 2023 Chateaubriand Fellow at CRNS/ENS Institut Jean Nicod, Fall 2023
Advisor: Frédérique de Vignemont
- 2022-23 Exchange Scholar at Harvard University
Advisor: Samantha Matherne
- 2021 Advanced to Candidacy (Committee: Niko Kolodny, Alva Noë, Jay Wallace, Judith Butler)

SUNY GENESEO

- 2017 B.A. Philosophy, *summa cum laude*
Minor in Women's & Gender Studies
- 2015 University of Oxford, New College, Michaelmas 2015

Areas of Specialization

Philosophy of Mind
Social Philosophy
Epistemology

Areas of Competence

Moral Psychology
Phil. of Race & Gender
Ethics

Awards and Honors

FELLOWSHIPS AND AWARDS

- 2024 [Foundation for Philosophical Orientation Doctoral Fellowship](#)
- 2024 UC Berkeley Summer Dissertation Writing Grant
- 2023 [Chateaubriand Fellowship, French Embassy of the United States \(HSS\)](#)
- 2023 [Diverse Intelligences Summer Institute](#) Fellow
- 2023 UC Berkeley Foreign Language & Area Studies Fellowship for French Study
- 2023 UC Berkeley [Teaching Effectiveness Award](#) (awarded to 0.5% of Berkeley GSIs)
- 2023 UC Berkeley Outstanding Graduate Student Instructor Award (<10% of GSIs)
- 2017 SUNY-wide Chancellor's Award (awarded to six graduating seniors)
- 2016 Phi Beta Kappa (early inductee)
- 2015 Leadership Alliance Mellon Initiative (Undergraduate Research Fellowship)
- 2014 William J. Edgar Fellowship (SUNY Geneseo Honors College)

MISCELLANEOUS

- 2023 Myisha Cherry's [Emotion & Society Lab](#), Graduate Fellow
- 2020-21 [USC Conceptual Foundations of Conflict](#), Affiliated Graduate Fellow

Papers Under Review

Heppler, J. "Intuition in the Bodily Mode"

Leckie, L., Bershada, A. K., **Heppler, J.**, McClay, M., Rappe, S., & Foster, J. G. (under review). [The content and structure of dreams are coupled to affect \(preprint\)](#).

Presentations

CONFERENCE PRESENTATIONS

- 2024 "How Gut Feelings Reorient Awareness" (invited)
Meeting for the 5th Anniversary of the Foundation for Philosophical Orientation,
Nashville, TN

CONFERENCE PRESENTATIONS CONTINUED

- 2023 “Gut Feelings, Oppression, and Justice”
Lisbon Feminist Philosophy of Mind Workshop, ArgLab, IFILNOVA, Lisbon,
Portugal
- 2022 “The Horizons of Cultural Change: Lessons from Phenomenology”
APA Eastern Division, Baltimore, MD
- 2015 “Assessing the Value of Justice in Plato,”
Leadership Alliance National Symposium, Stamford, CT
- 2014 “The Realities and Unrealities of Borderline Personality Disorder” with H. Savage
Exploring Gender, Mental Health, and Wellness Symposium, Texas State University,
March 2014

WORKSHOPS

- 2024 “The Role of Unexpected Valence in Gut Feelings” (invited)
PRISM (Perception, Representation, Imagination, Space, Memory) Seminar, Institut
Jean Nicod, Paris, France
- 2023 “When Intuition Is Felt, Not Thought: Towards a Framework for Gut Feelings”
Myisha Cherry’s Emotions & Society Lab
- 2022 “Recognizing parts of ourselves”
Alva Noë’s Friday Group, Berkeley, CA
- 2018 “Gender, concepts and intuition”
Richard Wollheim Society, UC Berkeley

COMMENTS

- 2023 Invited Commentator, “Felt Senses of Self” by E. Anderson
Boston Phenomenology Circle, Boston, MA
- 2023 Commentator, “Toward a ‘Mental View’ of Sexual Difference” by J. McWeeny
APA Eastern Division, Montreal, CA
- 2022 Commentator, “Wisdom and KK Failure” by O. Nath
Berkeley-London Conference, London, UK

Teaching Experience

AS GRADUATE STUDENT INSTRUCTOR

2022	Plato	Vanessa de Harven
2022	Phil. of Race, Ethnicity, Citizenship	Timothy Crockett
2021	Philosophy of Mind	Alva Noë
2021	Moral Psychology	Kwong-loi Shun
2020	Ethical Theories	Timothy Crockett
2020	Theory of Knowledge	Jason Winning
2020	Modern Philosophy	Timothy Crockett
2019	The Nature of Mind	Geoffrey Lee

Service & Other Experience

DEPARTMENTAL & PROFESSIONAL SERVICE

- 2023 [Corrupt the Youth](#) High School Outreach Volunteer
- 2022 Instructor for Directed Reading Program, Feminist Philosophy
- 2021 Mentor Coordinator at Pre-College Summer Institute in Justice and Ethics
SUNY Geneseo
- 2020 Graduate Student Researcher for Syllabus Diversification Project
- 2018-22 PhilGeM (Philosophy Gender Minorities) Organizer, UC Berkeley
- 2015 *Stance: An International Undergraduate Philosophy Journal*
Assistant Editorial Board Member

Graduate Coursework

2023	Intermediate French (150 Hours) Self-Knowledge and Reflection (audited at Harvard) Inquiry (audited at Harvard)	Institute Linguistique Adenet Richard Moran Susanna Siegel & Selim Berker
2021	The Human Experience within Art, Technology, and Data	E. Wymore, G. Niemeyer, C. Emanuele Cella
2020	Feminist Epistemology Crisis & Entanglement in Art and Science Equality & Rule Aristotle	Andreja Novakovic Alva Noë Niko Kolodny John MacFarlane
2019	Philosophy of Perception Hume Teaching Seminar	Alva Noë Michael Martin Alva Noë
2017	Art, Nature & Experience Wittgenstein's Rule-Following First-Year Graduate Seminar	Alva Noë Hannah Ginsborg Kristin Primus & Seth Yalcin

Languages

French

Intermediate reading proficiency
Conversational speaking ability

Dissertation

Title: *Gut Feelings, Orientation, and Embodied Epistemology*

While philosophers have largely studied philosophical intuitions, intuitions with a *bodily* mode of presentation—or gut feelings—are among the most common types of intuitions we have in our social and moral lives. They also raise a distinctly different set of questions than philosophical intuitions. I argue that the mode of presentation for intuition makes a difference: when we are presented with intuitions in the bodily mode, they have as their content valence which is common to both emotion and, as I argue, to gut feeling. While I argue that gut feelings have an epistemic signature that distinguishes them conceptually from emotion, I also spell out the ways that gut feelings have distinct epistemic and ethical concerns by virtue of being easily entangled with emotions and other bodily feelings. Epistemically, I argue that we can glean some degree of evidence of adaptive value from gut feelings where we have previously demonstrated reliability. More conservatively, gut feelings are a gateway to self-knowledge and to our embodied epistemology: our pre-reflective habits, dispositions, tendencies, and ways of being in the world. There is an imperative to use our gut feelings at minimum to cultivate a balance of spectatorial and introspective self-knowledge through which we can make better choices aligned with our values, aims, and ethics. Through this process there is—at best—the possibility of getting better at having gut feelings.